***Pain Rehabilitation Options (PRO) Information Session***

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| **Who can attend the PRO session?*** People who are experiencing ongoing pain and have been referred for rehabilitation
* You may attend this session before you have had your first appointment, or after you have commenced therapy

**What does PRO involve?*** Experienced Allied Health clinicians will deliver an education session about pain and effective treatment options available.
* General education is provided at the PRO session. Questions about your individual circumstances are best addressed when you have an appointment with your clinician.

**The aims of the PRO session are to:*** Develop a better understanding of pain
* Hear about the rehabilitation options offered at Bendigo Health
* Have an opportunity to let us know what your preferences are for your rehabilitation journey.

**Details about the session:*** It is a once-off session for 1 hour.
	+ Live sessions can be attended via zoom (please speak to your therapist if this is your preference)

**What happens after the session?*** You will be asked to complete a 5 minutes online tick box form (or paper version) to inform us of your rehabilitation preferences.
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| Outpatient Rehabilitation Services John Lindell BuildingPhone: 5454 8500 (option 1) | Stewart Cowen Community Rehabilitation Centre Market St, EaglehawkPhone: 5454 6333 |

**Contact:**